



Debert Elementary School

September 2020 Menu

Main Meals include 250 ml white milk or juice (\$4.25)
with 250 ml chocolate milk (\$5.00)



Cheques made payable to Cobequid Schools Catering Society

	Monday	Tuesday	Wednesday	Thursday	Friday
	7	8	9	10	11
Daily Choice	LABOUR DAY No School	Pepperoni Pizza & Cookie	Chicken Wrap & Veggie Sticks	Hamburger & Baked Chips	Garlic Slice & Cookie
	14	15	16	17	18
Daily Choice	Chicken Nuggets, Fries & Corn	Pepperoni Pizza & Cookie	Chicken Wrap & Veggie Sticks	Hamburger & Baked Chips	Garlic Slice & Cookie
	21	22	23	24	25
Daily Choice	Chicken Nuggets, Fries & Corn	Pepperoni Pizza & Cookie	Chicken Wrap & Veggie Sticks	Hamburger & Baked Chips	Garlic Slice & Cookie
	28	29	30	Oct 1	Oct 2
Daily Choice	Chicken Nuggets, Fries & Corn	Pepperoni Pizza & Cookie	Chicken Wrap & Veggie Sticks	Hamburger & Baked Chips	Garlic Slice & Cookie

Recess Items

Baked Chips	1.00
Welch's Fruit Snacks	0.50
Baked Cookie	0.50

Other Lunch Items (available everyday)

Grilled Cheese Sandwich	2.50
Ham & Cheese Roll Up	2.50
Bagel with butter	2.50

Beverages

250 ml white milk	0.40
250 ml chocolate milk	1.50
500 ml bottle water	1.00
Small apple juice	0.60

