

Physical Education Communication Plan 2020 - 2021

Debert Elementary School
PE Days: Tuesday & Friday

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Program Overview

Physical Education (P.E.) is a required subject in the Nova Scotia Public School Program. Each grade has three classes per week. Students will be taking part in a wide variety of activities to promote skill development and enjoyment of physical activity. Efforts are made to show cross-curricular links with other classroom subjects.

Covid-19 specific protocols for PE

Every effort will be made to ensure that students will be safe during PE time. We will be following the Department of Education and Early Childhood Development (DOEECD) guidelines for Physical Education and will also be using the Physical and Health Education Canada (PHE Canada) guidelines for P.E. during our classes.

Most P.E. classes will take place outdoors as long as the weather cooperates. When students are outdoors they may participate in PE without wearing a mask if they wish. We will have routines and procedures in place to encourage social distancing as much as possible during our activities including spaces marked on the field or the gym floor. Equipment use will be kept to a minimum and any equipment used will not be shared from one class to another and it will be cleaned at the end of each day.

Should the weather not cooperate we will hold PE in the gymnasium. Students are not required to wear a mask during activity in the gym but are welcome to wear one if they wish. When we are indoors I will wear a mask as I will be seeing multiple classes throughout the day.

Other procedures in place will include:

- Sanitizing hands before arriving in PE and again before returning to class
- Students may bring a water bottle with them but it should be clearly labelled with their name and there will be no sharing of water permitted
- There will be no opportunity to change clothing so students should come to school dressed in clothing that will be comfortable when being active.

Expectations for Students

Students are expected to come to Physical Education prepared to participate and be active. Students must have sneakers that fasten securely. **Please ensure that students with lace up sneakers have learned to tie them properly.** It is also strongly recommended that students come to physical education with clothing that will be comfortable and cool for them to be moving in. Students should be aware that most physical education classes will take place outdoors and should have proper outdoor clothing on P.E. days.

For success in P.E. students should be prepared to work hard, try their best and be active participants in the gym. Students are expected to follow the principles of fair play and demonstrate respect while in P.E.

Assessment

Assessment in Physical Education will take place on an ongoing basis to determine student needs and skill development.

Assessments will include:

- Conversations
- Observation
- Products (exit slips, projects, etc.)