



Debert Elementary School
October 2021 Menu



Main Meals include 250 ml white milk, water or juice (\$4.75)

Chocolate Milk Not Available at this time

Cheques made payable to Cobequid Schools Catering Society

	Monday	Tuesday	Wednesday	Thursday	Friday
	27	28	29	30	1
Daily Choice	INSERVICE DAY NO SCHOOL	Lazy Lasagna & Garlic Stick	Cheese Pizza & Cookie	TRUTH & RECONCILIATION DAY NO SCHOOL	Garlic Slice & Cookie
	4	5	6	7	8
Daily Choice	Chicken Nuggets, Fries & Corn	Taco & Fruit Slushie	Pepperoni Pizza & Veggie Sticks	Chicken Burger & Baked Chips	Garlic Slice & Fruit
	11	12	13	14	15
Daily Choice	THANKSGIVING DAY NO SCHOOL	Lazy Lasagna & Garlic Stick	Cheese Pizza & Veggie Sticks	Hamburger & Baked Chips	Garlic Slice & Fruit
	18	19	20	21	22
Daily Choice	Chicken Nuggets, Fries & Corn	Taco & Fruit Slushie	Pepperoni Pizza & Veggie Sticks	Chicken Burger & Baked Chips	INSERVICE DAY NO SCHOOL
	25	26	27	28	29
Daily Choice	Pancakes & Fruit Slushie	Lazy Lasagna & Garlic Stick	Cheese Pizza & Veggie Sticks	Hamburger & Baked Chips	Garlic Slice & Fruit

Recess Items (when available)

Baked Chips	1.00
Welch's Fruit Snacks	0.50
Baked Cookie	0.50

Other Lunch Items (available every day)

Grilled Cheese Sandwich	2.50
Ham & Cheese Roll Up	2.50
Bagel with butter	2.50

Beverages

250 ml white milk	0.40
500 ml bottle water	1.00
Small juice	0.60

